

Built to Care



September is here, and with it comes the need to start thinking about biometric screenings, which will occur on October 22 and 29 in Legacy Hall.

HEALTHY REWARDS

All employees enrolled in Benchmark's medical plan can earn up to \$500* off insurance premiums by completing required tasks. *Discount earned will be received during plan year beginning 1/1/26 and applied as a weekly medical premium insurance credit. Scan the QR code to see the list of required tasks.



MEET JENN REED

Jenn Reed is Benchmark's wellness coach and has worked with us since 2011. She is a registered dietitian and has worked in long-term care, skilled nursing, wellness centers, and for the local government. Jenn is available for 1:1 consultations to discuss your health goals using a holistic approach that works for you! You can contact Jenn directly to schedule at **717-629-5579** or at jenn.reed@nextphasewellness.net.

2025 Physical Exam Form

Forms due by 11/30/2025



Scan the QR code to see our full list of Development, Engagement, and Wellness benefits, and find info on our Safety Focused program.